

# Jane Addy

**“My passion lies in encouraging individuals to focus on what they can achieve and working with them to make real, sustainable changes that impact both their life and their career.”**

Jane is a member of Chiumento’s Coaching Academy, primarily working in the North of England. She has coached and mentored in a range of large corporates and public sector organisations, working mainly with managers and those identified as having high potential. Jane is a Fellow of the Chartered Institute of Personnel and Development.



## Experience

Jane has over 20 years experience in talent and management development, process re-engineering and HR project management. She has been coaching individuals for over 7 years and her coaching clients are generally high potential managers from junior level up to senior executives. These individuals are based mainly in the corporate sector but she also has exposure to the education/university sector, public sector and professional sports people

At an individual level, Jane specialises in helping individuals to develop their key strengths, their aims for the future and their ability to deliver high sustainable performance. More specifically, she has worked with individuals to:

- Identify future career and development routes
- Make effective transitions between roles and levels of management
- Deal with underperformance
- Recognise and manage stress
- Improve confidence and self esteem

Jane’s operational experience was gained predominantly from the Retail and Financial Services sectors but since developing her consultancy career she has worked in other areas such as manufacturing and education. Jane’s recent project work has focused heavily on coaching, assessment and selection, corporate integration and talent and leadership development.

Jane’s breadth of experience, including her operational roles, enable her to establish credibility with a wide range of managers; being able to empathise and quickly understand the positions they are in. Jane also has the knowledge and experience to be able to work across the full project cycle, from diagnosis, through design to delivery and implementation.

Jane’s coaching experience is broad and she utilises a range of models, techniques and resources to build personalised coaching programmes according to the coachee’s situation and preferences.

As a member of the Chiumento coaching academy Jane regularly attends CPD events and also benefits from coaching supervision.

Jane is married to David and they live in Yorkshire with their daughters Lizzie and Naomi.

## Selected client companies

Abbey  
Education Leeds  
Leeds Rugby Ltd  
National and Provincial  
CDS Housing  
Schneider Electric  
University of Limerick

## Education, qualifications, professional positions

Fellow of the Chartered Institute of Personnel and Development.

Certificate in Life Coaching.

Ability tests, OPQ, SHL’s MQ, PPI (DiSC) and CDAQ

BA (Hons) in Management and Administration

Accredited Workforce Re-Modelling Consultant within the education sector

