

# Lynne Hindmarch

**“In coaching I aim to help my clients identify and remove barriers to successful performance and increase personal effectiveness at work.”**

Lynne is a qualified coach, coaching supervisor and business psychologist with a successful track record in coaching middle/senior management up to Board level in the private, public and not-for-profit sectors.



## Experience

Lynne has been coaching for over 6 years, building on extensive experience in 1:1 work using psychometric profiling. She has worked independently as a business psychologist for the last 14 years.

Her background in counselling, training and development, higher education and consultancy enables her to choose a variety of approaches when working with clients. She has a high level of interpersonal skills, and her counselling and coaching training ensures her work is always client-centred.

She works with clients on a wide range of issues, including developing self-confidence, managing transition, assertiveness and interpersonal style. She has developed strategies for using Emotional Intelligence for management and team development, and assessing and coaching both individuals and teams in this area.

She is also very experienced in giving psychometric feedback, and qualified in a number of assessments, which is often useful when working with clients.

Lynne's experience enables her to build rapport with clients quickly, which is essential in the coaching relationship, whilst not losing sight of the importance of paying attention to both individual and organizational goals.

She recently presented a paper on self-confidence in coaching at the Oxford-Brookes University Coaching and Mentoring Research Conference.

## Selected Client Companies

Atos Consulting  
Auto Exchange  
Avon Cosmetics  
BNFL  
Bradford and Bingley Building Society  
British Library  
British Telecom  
Kent County Council  
Messier-Dowty  
Richmond Housing Association  
Wincanton

## Education, Qualifications, Professional Memberships

MA in Coaching and Mentoring Practice, Oxford Brookes University.  
MSc in Organizational Behaviour, Birkbeck College, University of London.  
Postgraduate Certificate in Coaching Supervision, Oxford Brookes University.  
Diploma in Performance Coaching for Business, Newcastle College.  
Certificate in Counselling and the Development of Learning.  
  
BPS Level B (Intermediate) Certificate in Occupational Testing (MBTI, 16PF5, FIRO Element B, OPQ, Motivation Questionnaire and Emotional Competence Inventory).  
  
Principal Member of the Association of Business Psychologists.  
Member of the Association for Coaching.  
Member of the Coaching Psychology Special Group.

