

Nicola Hughes

“My passion lies in helping executives to accelerate their personal growth and business performance. Being a successful executive is like being a world-class athlete – even the best can get better.”

Nicola is an award winning Executive Coach. She works with senior level clients across Europe to create sustainable change enabling them to perform way beyond their own expectations.



Experience

Prior to becoming a coach Nicola managed European & Global cross functional teams within the IT industry. Her responsibilities included implementing team structures, processes and procedures to drive increased revenue, customer satisfaction and team performance delivering revenue of over \$120m per annum.

She has first hand experience of working in fast-paced, demanding environments managing virtual teams across cultural boundaries whilst overachieving on aggressive targets.

Nicola specialises in working with individual executives to develop their professional and personal success and fulfilment. She has worked with clients to:

- Develop their career path and success
- Increase their self-awareness
- Establish their leadership branding
- Improve communications
- Increase their effectiveness
- Enhance their stakeholder management capabilities
- Recognise and manage stress for peak performance
- Navigate through uncertainty
- Lead through organisational change
- Handle conflict
- Create high performing teams

Her coaching style is warm, motivating, and enthusiastic but also results driven and challenging.

Nicola lives with her partner Andy and her two dogs in a farmhouse in Staffordshire. She has a passion for self-development and when she's not working she enjoys cooking and Formula One.

Selected client companies

Asda
Association for International Accountants
Bank of New York Mellon
BAE Systems
Birmingham Midshires
BP
Channel 4
Compass
E.On
Experian
University of Wolverhampton
RWE npower
Wincanton
Whitbread

Education, qualifications, professional positions

BA (Hons) in Business Studies,
Nottingham Trent University

Diploma in Coaching

Certificate in Coaching

Certificate in NLP for Business Excellence

Certificate in Psychology of Coaching

Certificate in Positive Psychology

Certified NLP Practitioner

Systemic Team Coaching

Member of the European Mentoring and
Coaching Council

Member of the Association for Coaching

